



Gleneagles Hospital
SINGAPORE

Journeying With You

From Bump To Baby

On Your Side





INDEX

Your journey with Gleneagles from bump to baby.....	4
Our maternity facilities at a glance	6
What to expect on the day of delivery at Gleneagles	7
Your maternity experience	8
Maternity Ward.....	9
Post Pregnancy.....	12
Care for your newborn baby	14
Checklist.....	15
Birth registration.....	16
Why and how to Pre-register.....	17

Your journey with Gleneagles from bump to baby



2

3

4

5

6

7

8

9

10

11



Our maternity facilities at a glance

Level	Facilities		
L6	Maternity Ward (6 West)	Nursery	
L5	Delivery Suites and Maternity Ward		
L4	Operating Theatre (Caesarean)		
L3	Parentcraft Centre		
L2	Valet Parking	Admission	Birth Registration Office
L1	<div><div>Car Park</div><div>Complimentary parking available for single room package and above</div></div>		
B1			
B2			

What to expect on the day of delivery at Gleneagles

Your maternity experience

Equipment in the suites

- Adjustable bed
- Baby warmer, weighing scale
- Bathroom / hot shower
- Call bell
- CTG monitor
- Entonox (Laughing gas)

Gleneagles Hospital has 9 spacious delivery suites. Each suite has its own dedicated equipment.

The comfortable beds are easily adjustable and even so, we encourage mothers to utilise the call bell to acquire assistance from our friendly and helpful nurses who are also trained midwives.

There is also a comfortable recliner for your spouse to rest.

We also provide complimentary WiFi.

We encourage fathers to also bring along a warm jacket as temperatures in the delivery suites tend to be lower.

With such accessible services all within the comfort of each delivery suite, topped with Gleneagles' vastly experienced and warm staff, mothers can rest assured that they are in good hands.

Aromatherapy, music

In order to create a more comfortable environment, we also provide CD players and electric burners.

Photo taking before/after labour

We welcome photo taking before and after labour.

Videography strictly not allowed

However, we do seek your understanding that, as per hospital policies, videography is prohibited.

Maternity Ward

Single Room



Bond with your bundle of joy in the comfort and privacy of your single room. Be assured in the knowledge that your needs will be fulfilled to the best of our abilities.

Packages from \$3,926 for 2 nights' stay (Normal/Assisted Delivery)

Room Amenities	Care for Mother & Baby	Care for Family
<ul style="list-style-type: none"> In-room safe Mini-Fridge Slippers Sofa bed Telephone Television Toiletries Towels WiFi 	<ul style="list-style-type: none"> Comprehensive Newborn Blood Screening, Bilirubin Test, Hearing Screening and Vaccination Customised Confinement Menu Group Parentcraft Class (during hospital stay) Maternity Discharge Bag with Essentials Personal Lactation Consultation 	<ul style="list-style-type: none"> Accommodation and meals for father for duration of package Celebratory cocktail Complimentary parking coupon for 1 vehicle, or limousine transport home upon discharge

2-Bedded Room



The 2-bedded room is an affordable yet comfortable choice and includes a carefully planned confinement menu to nourish new mothers.

Packages from \$2,714 for 2 nights' stay (Normal/Assisted Delivery)

Room Amenities	Care for Mother & Baby
<ul style="list-style-type: none"> Locker Slippers Telephone Television Toiletries set Towels WiFi 	<ul style="list-style-type: none"> Comprehensive Newborn Blood Screening, Bilirubin Test, Hearing Screening and Vaccination Customised Confinement Menu Personal Lactation Consultation

Superior Room



Recuperate in comfort with your newborn in this spacious room. Enjoy peace of mind during your stay with free lodger and parking arrangements, and be treated to an in-room mini bar. Mark this momentous occasion with a celebratory dinner and cocktail with your loved ones.

Packages from \$6,468 for 2 nights' stay (Normal/Assisted Delivery)

Room Amenities	Care for Mother & Baby	Care for Family
<ul style="list-style-type: none"> In-room safe Mini-fridge Slippers Sofa bed Telephone Television Toiletries Towels WiFi Writing desk 	<ul style="list-style-type: none"> Baby Metabolic Screening Comprehensive Newborn Blood Screening, Bilirubin Test, Hearing Screening and Vaccinations Customised Confinement Menu Group Parentcraft Class (during hospital stay) Maternity Discharge Bag with Essentials Personal Lactation Consultation 	<ul style="list-style-type: none"> Accommodation and meals for father for duration of package Celebratory cocktail Celebratory dinner for 2 Complimentary parking coupon for 1 vehicle, or limousine transport home upon discharge Welcome minibar

Dempsey Suite



Providing you with a lavish and soothing environment to rest in, the suite offers an unforgettable experience for this key event of your life. Customise your stay with a selection of meals from the ala carte menu, and leave your worries behind with a range of professional nursing services for Mummy and baby.

Packages from \$10,024 for 2 nights' stay (Normal/Assisted Delivery)

Room Amenities	Care for Mother & Baby	Care for Family
<ul style="list-style-type: none"> In-room safe Mini-fridge Nespresso machine Slippers Sofa bed Telephone Television Toiletries Towels WiFi Writing tables 	<ul style="list-style-type: none"> Baby Metabolic Screening Comprehensive Newborn Blood Screening, Bilirubin Test, Hearing Screening and Vaccinations Customised VIP Menu Group Parentcraft Class (during hospital stay) Maternity Discharge Bag with Essentials Personal Lactation Consultation 	<ul style="list-style-type: none"> Accommodation and meals for father for duration of package Celebratory cocktail Celebratory dinner for 2 Nespresso Coffee Complimentary parking coupon for 1 vehicle, or limousine transport home upon discharge Welcome minibar

Procedure / Length of Stay	Normal Delivery	Assisted Delivery	Normal Delivery w/ epidural	Assisted Delivery w/ epidural	Normal / Assisted Vaginal w/ epidural	Caesarean - Elective (GA)	Caesarean - Elective (Epidural)	Caesarean - (Emergency)
Room Type	2	2	2	2	3	3	3	3
Single	\$3,946	\$4,465	\$4,465	\$4,465	\$5,614	\$6,524	\$6,524	\$7,486
Superior	\$6,468	\$6,468	\$6,468	\$6,468	\$6,468	\$10,199	\$10,199	\$10,199
Dempsey Suite	\$10,024	\$10,024	\$10,024	\$10,024	\$10,024	\$14,561	\$14,561	\$14,561
2-Bedder	\$2,822	\$3,127	\$3,127	\$3,127	\$3,127	\$4,702	\$4,702	\$5,681

*All prices are subject to change at anytime without prior notice. All information contained here is indicative accurates as of 2 January 2021.

Scan for more details about what's included in our maternity packages.

Daddy's Corner

Our sitting area provides reading materials, a television, and refreshments for the comfort and convenience of waiting fathers.



Post Pregnancy

Breastfeeding and Skin-to-Skin Contact

Breastfeeding is an exciting journey for new mums, but we understand that it can also be challenging for some. Officially accredited as a baby-friendly hospital under the World Health Organisation's Baby-Friendly Hospital Initiative (BFHI), our lactation consultations and nurses are committed to helping all mothers and their babies develop the intimate connections and physical well-being that comes naturally with breastfeeding.

Check out our [Guide to Breastfeeding](#)



For personalised lactation support, please call **6470 5852** or email **parentcraftgeh@parkwaypantai.com**

Nutrition

Having enough rest and getting the right nutrition post-partum are recommended for new mothers. Our confinement menu, developed by our Gleneagles' chefs and nutritionists, include a variety of delicious yet nutritious meals that support a new mother's recovery while preventing long-term health issues. Confinement meals may be customised during your stay with Gleneagles Hospital.

Learn more about common confinement myths and the truth about them [here](#).



Physical and Emotional Wellbeing

After giving birth, a mother's body continues to undergo changes. Changes in hormone levels, body physique and sleeping patterns may affect a woman's emotions after delivery. [Postnatal depression](#) can develop during the first 6 months after birth, and can last over a year if left untreated. If you do not feel right or notice yourself feeling worried or sad, seek help by talking to your obstetrician.

Care for your newborn baby

Neonatal Intensive Care Unit (NICU)

Gleneagles Hospital's neonatal intensive care unit (NICU) provides specialised and advanced medical care for infants in a safe and nurturing environment.

Our team of experienced medical professionals are here to ensure that your child receives dedicated treatment and care.



Services include:

- Neonatal intensive and special care
- Newborn screening
- Neonatal neurodevelopmental follow-up for premature infants
- Birth defect consultation
- Specialist consultation

Vaccination

Vaccinations protect against illnesses that may cause serious complications by encouraging the body's immune system to produce antibodies against the disease.

In Singapore, newborns are administered vaccines for tuberculosis and hepatitis B. Your doctor will advise you on the immunisations for your baby.

The National Immunisation Registry (NIR) monitors and ensures that your child receives immunisation at the appropriate ages from birth up to the age of 18. Discuss with your paediatrician on the vaccination schedule to understand more.

Book an appointment with a paediatrician.



Checklist

Pre-registration For Admission

We encourage pre-registration for admission as soon as you have decided to have your baby at Gleneagles Hospital. It allows you to be admitted directly to the Delivery Suite when you arrive for the birth of your baby.

Pre-registration can be carried out at the Gleneagles Hospital Admission Counter.

Prenatal Programme / Parentcraft

Looking after a little one is no mean feat. We encourage you to attend prenatal sessions to prepare for your parenthood journey.

Call 6470 5852 to find out more about our childbirth education programme.

What To Bring

Documents

- Marriage certificate
- Identity Card/Passport
- Letter from your doctor
- Cord blood collection kit (if any)

Clothing

- Two sets of outfits (with front openings for breastfeeding)
- Disposable underwear
- Preferred toiletries (the hospital will provide basic toiletries)
- Nursing bra
- Maternity Pads
- Slippers, socks or leg warmers

For Baby

- Baby blanket / swaddle
- Baby mittens and booties
- Baby bonnet
- Baby outfit for discharge
- Baby car seat

For Father

- Birthing Ball
- Camera
- Change of clothes
- List of people to call
- Magazines

It is advisable to **pack your bag to be ready for admission about 2 – 3 weeks before your baby's Estimated Date of Delivery (EDD).**

Birth registration



Birth Registration can be carried out within 14 days of your baby's birth. The following documents will be required

- Original marriage certificate
- Identity Cards/ Passports of parents
- Notification of live birth (which will be given to you by the hospital upon your baby's birth)

Please call **6470 5927** or **6378 3644** for an appointment during operating hours:

- o Mondays to Fridays: 8.30am – 11.30am & 2.00pm – 3.30pm
- o Saturdays: 8.30am – 11.30am
- o Sundays and Public Holidays: CLOSED

You may also choose to register your baby's birth through the Moments of Life app, developed by the Government Technology Agency.

Giving birth in Singapore (for foreign patients)

If you wish to deliver your baby at Gleneagles Hospital, and require assistance for the application for your permit, extension of visa or birth registration for your newborn, please call the Gleneagles Hospital Patient Assistance Centre 24-Hour Helpline: **(+65) 6575 7575**

Why and how to Pre-Register?



Facilitates a smooth process on delivery day



Upon completing the form, a web link will be sent via email and/or SMS.



Follow the web link to complete your pre-registration online



Pre-registration can also be completed at our Admissions Counter (Level 2)

